



appetizers

Tempura Oyster

Mushroom

korean hot chili mayo, ponzu sauce
8.5

Cheese & Honey

chef's selection of cheeses, green olive honey, lavender beet relish, cherry pickled mustard seeds, crackers
12

Roasted Cauliflower

truffled pea pesto, salted almonds, feta crema, red bell essence
10

Kick Hunger Challenge

A portion of the proceeds of each Roasted Cauliflower sold will benefit Second Harvest Food Bank of Middle Tennessee

big salads

Seared Tuna Bowl

spinach, saki ponzu vinaigrette, brown rice, marinated eggplant, asian slaw
14.5

Latin Chicken Ensalada

latin marinated chicken breast, greens, hominy, tomatillos, cauliflower puree, avocado, cilantro, pickled red onion, red beans, pasilla honey essence, queso blanco, pepperoncini vinaigrette, candied pumpkin seeds
13.5

Etch Salad

arugula, radicchio, fennel, green apple, blue cheese, hazelnuts, champagne vinaigrette, candied orange peel
8.5
add chicken 5 or shrimp 6

Mediterranean Salad

greens, fennel, capers, tomato, bacon, garbanzo beans, caper vinaigrette, manchego cheese, red bell essence, sunflower hummus
8
add chicken 5 or shrimp 6

sandwiches

Lamb Gyro

flatbread, tzatziki, feta, tomato, cucumber, red onion, parsley salad

13

Shiitake and Gouda Grilled Cheese

confit shiitakes, smoked and aged gouda, brined apples, parmesan horseradish mayo, tarragon, caramelized onion, rye bread

12

Turkish Fish Tacos

lemon sesame sumac market fish, tomato aleppo salsa, feta cream, eggplant, corn tortillas, red cabbage, green harissa, cilantro

16.5

The Burger *

sauteed crimini mushrooms, caramelized onions, gruyère, arugula, horseradish aioli

13

add fried egg or bacon 2

entrées

Springer Mountain Farms Indian Chicken

slow cooked leg & thigh, caraway mint yogurt sauce, seared fresno kale, sweet potato biscuit, cashew butter, apple & fig chutney

14

Garden Picatta

tofu tempura, zucchini & squash ribbons, smoked white bean puree, parmesan, red bell essence, charred eggplant calabrian sauce, lemon caper butter

13

Argentinian Beef Tenderloin *

salsa verde beef, fried potato salad, zucchini fresca, greens, roja, chimichurri

15

Cashew Chicken Breast

brown rice, five spice sauce, kale, sugar peas, shitakes, celery, carrot, black bean hoisen sauce, carrot ribbons

14

Fried Cornmeal Catfish

lime crema, strawberry chipotle jam, walnut oil greens, poblano pepita purée

13

*Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

For your convenience, a 20% gratuity will be added to parties of 8 or more. Gratuity is a tip and thus entirely at your discretion. You may always pay a different amount by striking through the added gratuity and inserting a tip that you wish to pay.

~~etch~~